

# National Neurological Services Aquired Brain Injury Services







Keeley Mitchell Head of National Neurological Services

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# welcome

As part of National Care Group, National Neurological Services is a specialist service supporting people with Acquired Brain injuries, neurological conditions and disorders.

We provide slow stream rehabilitation and both short and long term residential care for males and females over the age of 18.

The residential services are small and homely with between 4 and 8 en suite bedrooms and well equipped communal areas.

We focus on person centred care and supporting people to achieve their goals and be able to live more independently.

The six services are supported by an Area Acquired Brain Injury Manager who has over 12 years' experience in ABI care along with a BSC (hons) in personal behavioural support.

Each individual service has a registered manager and a staff team trained in Acquired Brain Injury and any specific conditions relevant to the people we support.

Keeley MItchell

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# Partnership working

Our slow stream rehabilitation service is a nurse led service with a physio, Occupational therapists and a speech and language therapist. The service is also supported by a neuro consultant and a neuro psychologist.

We can also offer physio and occupational health and Speech and language input at our residential services should this be required.

National Neurological Services work in partnership with the NHS and local Authorities to deliver exceptional person centred health and social care. Through our partnership working we ensure that the personalised care we provide, in every case, fully meets the individuals needs and encourages them to achieve their maximum potential in terms of their quality of life.

#### **Outcomes**

**52%** of people were discharged within 12 months from our services

Of this **33%** were discharged within 6 months or less

**64%** of those discharged only required part time support

50% of those we discharged returned home to live with family or independently

15% of those we discharged moved to supported living services

# **Conditions treated**

National Care Group provide personal care, rehabilitation and complex disability management for adults following a brain injury or living with a neurological condition.

If required, we can also provide a Neuropsychologist, Occupational Therapist or Speech and Language Therapist (SALT). These options can be discussed at any pre-assessment. All our staff are experienced and receive specialist training to enable the provision of high-quality care to all the people we support.

# Caring for adults with the following diagnosis:

- Acquired Brain Injury
- Traumatic brain injury
- Anoxic brain injury
- Subarachnoid haemorrhage
- Stroke
- Brain Tumour
- · Huntington's disease
- Parkinson's disease
- Multiple sclerosis
- Motor Neuro disease
- Frontotemporal dementia
- Mental Health
- Physical disabilities

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# **Ashbrook Neuro Rehabilitation**

#### Slow Stream Rehabilitation - Rochdale

At Ashbrook Neuro Rehab Unit, we provide personal care, rehabilitation and complex disability management for adults following a brain injury or with a neurological condition. We have registered Nurses on site 24 hours per day, 7 days a week.

We also provide a Neuropsychologist, Physiotherapist, Occupational Therapist (OT) and Speech and Language Therapist (SALT), a dedicated team of Rehab coaches and therapy assistants. There is also a Neuro Medical Consultant who visits the unit once a fortnight to review treatment and progress. All our staff are experienced and receive specialist training to enable the provision of high quality care to all our people we support. We provide care for adults with the following diagnosis:

- Traumatic brain injury
- Stroke
- Parkinson's disease
- Anoxic brain injury

• Brain Tumour

- Multiple sclerosis
- Motor neurone disease
- Huntington's disease
- Subarachnoid haemorrhage

#### Personal care

We promote both choice and independence for all the people we support and ensure that each person has a personalised support plan that is both written and reviewed in consultation with them. Our aim is for each person to reach their optimum goals through the management of their specific needs outlined in their care plan.

#### Slow stream reabilitation

We believe that each person has the right to live their life as independently as possible. We support our people to access the community, so that their lives are fulfilled and enriched. Some examples of this are:

- Attending college
- Cinema
- Visiting family and friends
- Shopping
- Gym and swimming visits

#### **Facilities**

Ashbrook offers 7 en-suite bedrooms all on ground level. Our communal space comprises of a spacious lounge/dining room and kitchen. The home has a garden with a seating area. There is also plenty of parking available for your own vehicle or visitors.

#### **Activities**

Activities are person centred and included in client goals. To enable a client to regain daily living skills following an acquired brain injury. Examples are learning to cook independently, following a gym programme with support from our physio and occupational therapist graded in complexity. Support to access the local community engaging in activities that are purposeful and meaningful for each client.

Ashbrook Neuro Rehabilitation

Rochdale, Lancashire

Case studies available on request

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residential setting.

Supporting people through post-acute rehabilitation, our goal is to promote and maintain optimum independence and choice through a personalized support plan. The personalized support plan or GAS (goal attainment scaling) is both written and reviewed in consultation with the individual to help maintain their optimum goals through the management of their specific needs.

With a focus on Cognitive impairment we have individual support guidelines to cover functions such as: attention, memory, information processing and executive skills. We also work with SASNOS, a tool used to establish areas requiring more support such as: relationships, social skills and behaviour.

# Caring for adults with the following diagnosis

- Traumatic brain injury
- Stroke
- Parkinson's disease
- Mental Health

Brain Tumour

- Multiple sclerosis
- Motor neurone disease
- Huntington's disease
- Physical disabilities
- Anoxic brain injury

achieved through activities that promote choice and independence

- Shopping
- Hobbies
- Gardening
- Cooking
- Creative activities
- Socialising

#### **Facilities**

Having recently undergone and extensive refurbishment, Albert Road offers 7 en-suite bedrooms, situated over 4 floors with lift access to each. Communal spaces include: a spacious activities room, 2 lounges, a dining room and 2 kitchens, ¬one of which is for individuals to prepare and cook their own meals with support. Outside Albert Road has a large garden with a wheelchair accessible decked area, raised flowerbeds and a large gazebo which is regularly used to provide safe family visits. There is also on-site parking.

#### Location

Albert Road is situated 3 miles from central Manchester with excellent transport links serving the city and beyond. The immediate location has all the essential amenities that including: shops, supermarkets, library, leisure centre and gyms together with parks and outdoor spaces.

Albert Road | Specialist Neurological Residential Care Manchester

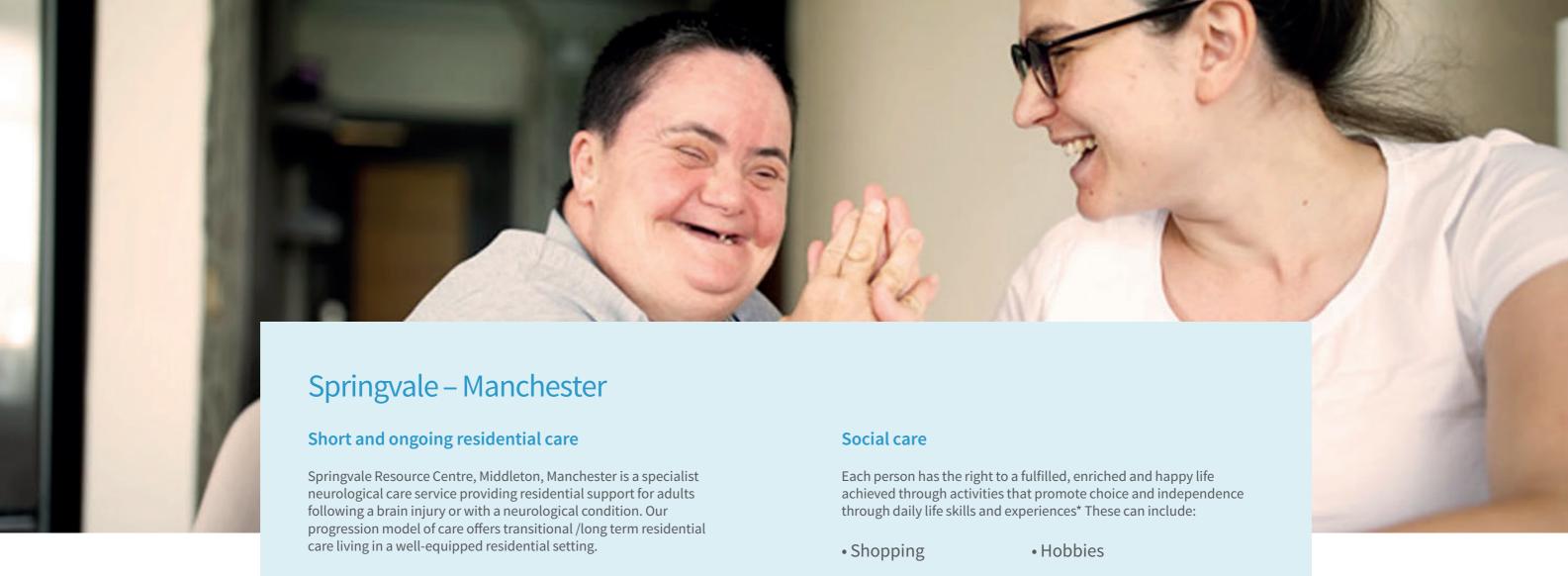
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- Parkinson's disease
- Brain Tumour
- Motor neurone disease
- Physical disabilities

- Stroke
- Mental Health
- Multiple sclerosis
- Huntington's disease
- Anoxic brain injury

- Gardening
- Cooking
- Creative activities
- Socialising

# **Facilities**

Springvale offers a bespoke service which encourages individuals to live as independently as possible. There are 3 en-suite bedrooms and 1 bedroom with an adjacent shower room. There are two well equipped communal areas and an outdoor garden area. The service is wheelchair accessible for individuals who have mobility issues.

#### Location

Springvale is situated 5 miles from central Manchester with excellent transport links serving the city and beyond. The immediate location has all the essential amenities that including: shops, supermarkets, library, leisure centre and gyms together with parks and outdoor spaces.

Springvale | Specialist Neurological Residential Care Middleton, Manchester

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- Stroke
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- Mental Health

Brain Tumour

- Multiple sclerosis
- Motor neurone disease
- Huntington's disease
- Physical disabilities
- Anoxic brain injury

- Shopping
- Hobbies
- Gardening
- Cooking
- Creative activities
- Socialising

#### **Facilities**

Deepdale offers 8 bedrooms, with bespoke suites including profile beds as standard. Each room has an en-suite wet room and kitchen top area. Individuals are encouraged to make use of the communal areas which include a spacious living room, kitchen and dining room which leads through patio doors onto an enclosed garden area.

#### Location

Deepdale House is situated in a residential area close to various local amenities in Preston. Most facilities are around a 10-15 min drive away, or accessible via regular bus services. Deepdale is known for its football stadium, home to Preston North End Football Club.

Deepdale | Specialist Neurological Residential Care

Preston, Lancashire

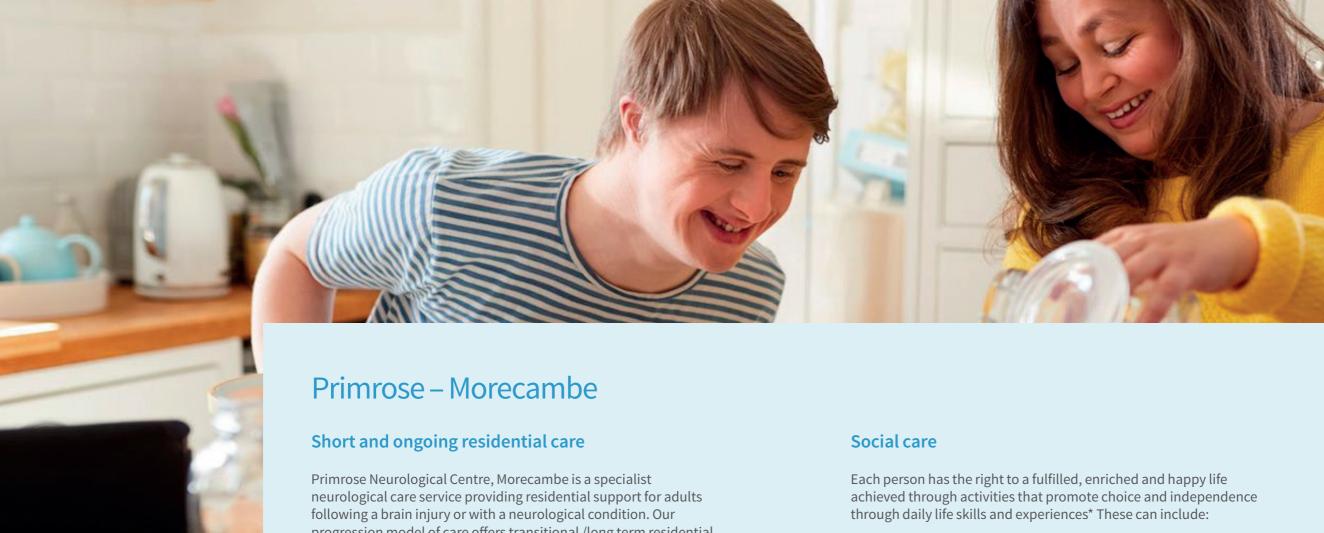
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progression model of care offers transitional /long term residential care living in a well-equipped residential setting.

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- Stroke
- Parkinson's disease
- Mental Health

Brain Tumour

- Multiple sclerosis
- Motor neurone disease
- Huntington's disease
- Physical disabilities
- Anoxic brain injury

- Shopping
- Hobbies
- Gardening
- Cooking
- Creative activities
- Socialising

#### **Facilities**

Primrose Neurological Centre is a purpose-built unit, offering 7 ensuite bedrooms all situated on ground level. The communal spaces include a lounge, dining room and kitchen. Outside there is a garden area with seating and a BBQ area. On - site parking is also available.

#### Location

Close to community facilities that include a Gym, Wellbeing hub, health centres and cinemas, Primsore Neurological Centre is easily accessible for both Morecambe and Lancaster. There are also nearby beaches and cafes, local shops, markets and supermarkets.

Primrose | Specialist Neurological Residential Care

Morecambe, Lancashire

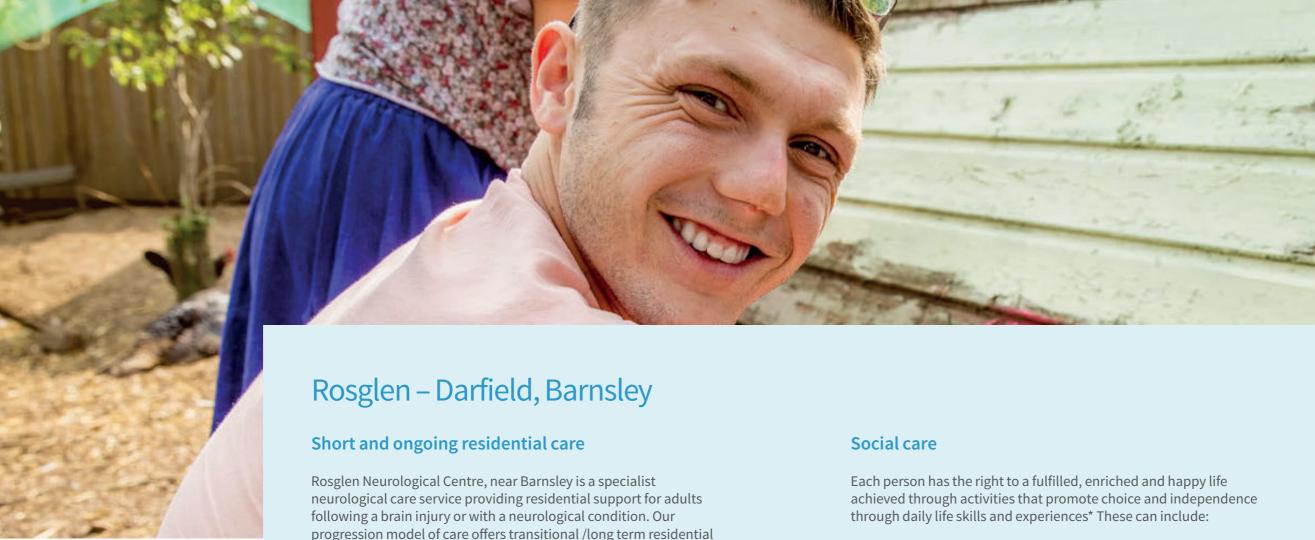
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- Stroke
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Brain Tumour

- Multiple sclerosis
- Motor neurone disease
- Huntington's disease
- Physical disabilities
- Anoxic brain injury

- Shopping
- Hobbies
- Gardening
- Cooking
- Creative activities
- Socialising

# **Facilities**

Rosglen Neurological Centre offers 6 spacious en-suite bedrooms. Each room has been designed to be as neutral as possible with the intention of encouraging the individuals we support to personalise their own space. There are also two communal lounge areas, a dining room and outside a pleasant garden area.

#### Location

Rosglen is located in the village of Darfield, enabling the people living at Rosglen to feel a part of a pleasant local community. Within easy reach of Barnsley and Doncaster, as well as being close to both the A1 and M1, a trip to Meadowhall for shopping, leisurey or to see a show at the DSA Arena is very easy to access.

Rosglen | Specialist Neurological Residential Care Darfield, Barnsley

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Liam's story

## A successful outcome at Rosglen, Darfield, Barnsley

Liam, an individual we support at Rosglen – National Neurological Services, moved into the service in March 2020 after suffering a hypoglycaemic attack which caused him to have a brain injury.

As someone with type 1 diabetes, ADHD and Asperges, Liam was informed that it would not be safe for him to live alone as he struggled to manage his insulin and that it would be beneficial for him to live in a residential setting. Liam was unhappy to leave his own home and move into a residential service, as he felt he would not be able to live independently, with such concerns affecting his eating and his diabetes.

Staff at Rosglen worked hard to ensure that Liam was able to raise any concerns he had, including wanting to take his insulin independently.

Liam has also taken great strides in his personal hygiene, with staff arranging for a bath to be fitted into the service as Liam did not like showering.

His parents have commented on how Liam looks a lot healthier, since moving into Rosglen, as he has continued to look after his hygiene and has put on weight thanks to staff supporting him in his cooking.

Toni Nightingale, Registered Manager, said: "We are all so proud of how Liam has developed at Rosglen, after some initial struggles, he has come a long way and is now enjoying his time with staff and the fellow residents."

Through excellent person-centred care and a collaborative effort, the support staff at Rosglen have played a pivotal role in helping Liam reach his goals in his personal development.

"Ever since moving into Rosglen, staff have always been helping me to gain the life skills needed for me to one day live independently again," said Liam.

# Neil's story

## An amazing success at Albert Road, Manchester

Neil, an individual we support, moved into Albert Road in July 2020 after suffering a hypoxic brain injury.

When Neil first moved into the service, he was very reluctant to go out into the community and would only do so for short periods of time.

In his pre-admission assessment, Neil spoke about how he wanted to work on accessing the community and develop his confidence, so that he could be more independent.

Staff encouraged Neil to go out on a regular basis and supported him whilst he went to do shopping or visit any of the local attractions close to the service.

Neil's mother commented on how her son has shown amazing progress at the service: "I can't believe how much my son has progressed since moving to Albert Road. He is so happy to be going out into the community and is enjoying his time at the service. I feel like my son has come back to me and I can only thank the incredible support team at Albert Road for this."

Having an excellent person-centred approach to care, the staff showed the dedication required to support Neil in developing his skills and confidence in such a short period of time and are very proud of how far Neil has come.

A skill that Neil wanted to re-develop was his ability to bake, so that he could bake a cake for his mother. After six weeks on development and support from his support staff, Neil achieved his goal of baking a cake for his mother and he now regularly bakes for residents at Albert Road and enjoys the tasks as it helps him cognitively.

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# your potential plus our commitment changes lives



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