

LIAM'S STORY

my time at Rosglen



National Neurological Services

Rosglen

Darfield, Barnsley

My name is Liam I am 27 years old I have a diagnosis type 1 diabetes, ADHD and Asperge's.

In November 2019 whilst living alone I was not managing my insulin very well when my dad came to visit me he found me unconscious and called for an ambulance, I spent 3 month in hospital, it turned out I had a hypoglycaemic attack which caused me to obtain a brain injury.

In March 2020 when I was ready for discharge I was informed that it would not be safe for me to live alone and I would require the support of a residential service, this is when I came to live at Rosglen.

I will be honest I was not happy about it.

When I first moved to Rosglen I was angry because I wanted to be in my own place, I was not eating which affected my Diabetes and my weight and I spent a few weeks in and out of hospital.

I was unable to manage my own insulin due to hospital staff seeing me changing my dose, staff at Rosglen worked hard with me sat and listened to me and I informed them I was wanting to be more independent starting with my insulin.

Therefore staff contacted the diabetes nurse to find out if there was anything we could do to help with this. It was arranged that I could have a libre freestyle in place which stays in my arm so I am able to monitor my own sugar levels.

Staff even downloaded a App on my phone which reads my levels. I also inject myself again, but staff do stay with me just for safety which I don't mind.

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My hygiene was not great and I would refuse to wash, shower and shave. After staff had helped me with my insulin I agreed to have my hair and beard cut. I did look like a different person and my mum and dad were shocked that I had done this.

I informed staff that I don't like showers and would prefer a bath. Despite encouragement from staff I continued to refuse to have a shower therefore staff were looking for somewhere I could go to have a bath.

However COVID hit and this could not be facilitated therefore the service had a bath fitted to support me with my hygiene which is great.

I am been supported with doing things for myself I now do some cooking and make my own drinks

I continue to have my hair and beard cut. I am more confident and go out most days into the community and I have gained weight.

I also have an advocate in place who is working with staff and myself to gain the life skills needed for me to one day live independently again.



Make a referral

 **0333 305 0880**

About

Rosglen

SUPPORTING INDIVIDUALS LIVING WITH Acquired Brain Injuries

Rosglen is a beautiful small, homely residential ABI service, close to Barnsley town centre and moments away from the M1.

Rosglen provides high quality care and support to those who have suffered a brain injury or other form of neurological condition. We offer 6 spacious bedrooms each one is fully furnished with bed, wardrobe / drawers, TV, safe, medication cabinet along with its own en-suite. The property is fully accessible and all on one floor, with off road parking and garden areas surrounding the property. Communal areas are well equipped we have 2 spacious lounge areas with sofas, large TV's, Wi-Fi, cupboards and games. We also have a dining area and kitchen which the people we care about are encouraged to use. All areas are accessible for wheelchair users.

Here at Rosglen our main focus is to offer bespoke person centred packages tailored to each individual we care for. Helping them to reach their optimum goals as well as accessing the community and helping them to learn new skills as well as basic life skills.

Staff at Rosglen come with a wealth of knowledge and are specialist trained to meet the needs of each individual we care for.

National Neurological Services Ltd is a part of National Care Group

Call our Referrals Team on **0333 305 0880** or visit our website **www.nationalcaregroup.com**