

## NEIL'S STORY

# amazing progress!



### National Neurological Services

## Albert Road

### Manchester

In July 2020 Neil moved to Albert Road a residential service for people with Acquired Brain Injuries. Neil had suffered a hypoxic brain injury caused due to his brain having a restricted flow of oxygen.

During the pre-admission assessment Neil expressed that he wanted to work on accessing the community and developing his baking skills.

Neil spoke fondly about how when he was young he used to bake with his grandmother. Neil informed us that this was a skill that he wanted to re-develop with his final goal being to bake a cake for his Mum.

This information was used to develop Neil's Gas goal = Goal Attainment Scaling\*

*Gas goal - the goal is broken down with an individual's outcome measure and is adjusted over time as each stage is successfully achieved.*

He enjoyed completing the goals which included self-reflection from Neil. Within 6 weeks Neil had achieved his goal of making a cake for his mum.

Neil has developed this goal further by expressing that he would like to bake a Christmas cake and decorate it. Neil now regularly completes baking and thoroughly enjoys this task which helps him cognitively.

Neil now goes out in the community, with his support worker, to source the items used for baking. He will make the cake following instructions in a sequence, and using memory aids which prompt Neil to monitor the cake to prevent undercooking and more importantly over cooking.

# Neil's story

## Amazing Progress!



When he first moved to Albert Road Neil was very reluctant to go out in to the community and would do so for only short periods of time. During his time outside he would become very distressed and ask to return to Albert Road.

Since moving Neil has been encouraged to go out in to the community on a regular basis and he is supported by staff that Neil has developed a trusting relationship with.

His mood and anxiety levels will be reviewed prior to an outing and individuals who support Neil will regularly give him encouragement and praise to increase the time spent out in the community.

Using a person centred approach has been a great success as Neil takes the lead on where he goes, what he does and for how long.

Neil has developed trust and enjoys going out in to the community so much that he has ticked of items that were on his bucket list. These include visiting Sifters record shop which is the shop where his favourite group Oasis used to frequent when they were younger.

He has also visited Bolton Wanderers Football Stadium. During his time at the stadium Neil used his charm to be allowed in through the gates to see the pitch and the entire stadium where his childhood team play on a regular basis.

Before leaving the stadium Neil had his photo taken with the statue of Nat Lofthouse who played for England and Bolton this means so much to Neil as he is Bolton's number 1 fan.

**Mrs H - Neil's mum** says *"I can't believe how much my son has progressed since moving to Albert Road. He is going out in the community and he is so happy when I talk to him. I can't thank you enough for what you have done. I feel like my son has come back to me, thank you."*

Feedback from **Neil's Social worker** – *"I am really pleased with the support that Neil is receiving and the progress he has made in such a short time since moving to Albert Road. The change is fantastic and is visible when seeing Neil – thank you to all the staff at Albert Road."*

## Make a referral

 **0333 305 0880**

## About

# Albert Road

## SUPPORTING INDIVIDUALS LIVING WITH Acquired Brain Injuries

Albert Road is a service developed for individuals with Acquired Brain Injury, all 7 rooms are ensuite and are situated over 4 floors, each floor is accessible by lift.

There are two satellite kitchens where individuals are supported to complete their own cooking throughout the day, a games room where we compete at pool and play on the X-Box and a quiet room that helps provide a quiet environment for when people are completing memory and attention exercises.

There is also a large decked area at the rear of the building which is wheelchair accessible where individuals can enjoy gardening in the high raised flower beds.